



WORK BETTER™

DID YOU
KNOW?

8 out of 10 people
experience back pain
while working at their
desks*

SOLUTION:

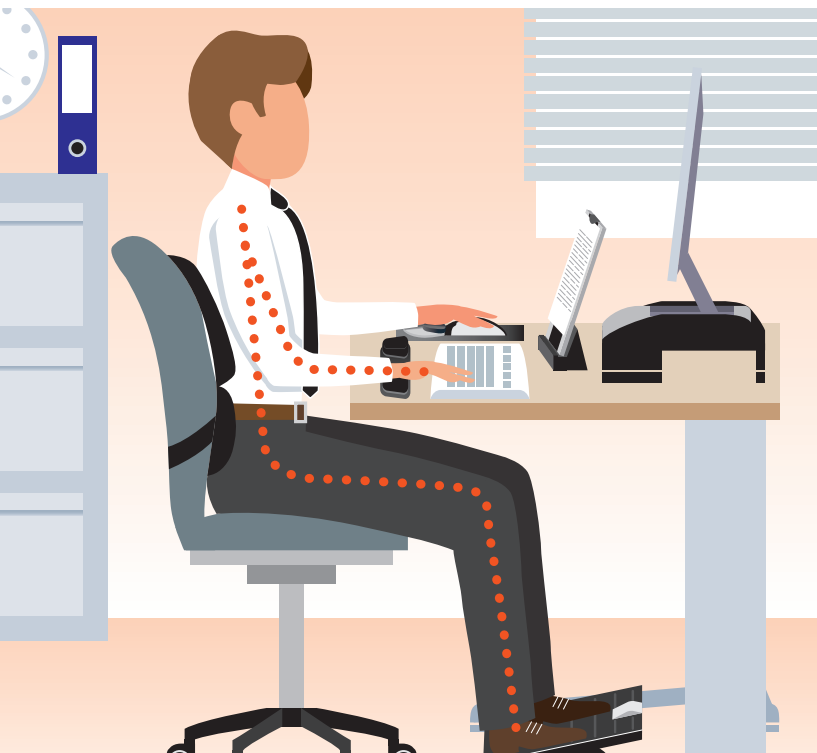
If your chair does not adjust to provide proper lumbar support, use a backrest with a foot support to maintain correct posture.



Follow the 4 Well-being Zones to Remove Risk from Your Workspace.

ZONE 1

BACK TENSION



8037601
PROFESSIONAL SERIES
BACK SUPPORT WITH
MICROBAN® PROTECTION



8040901
CLIMATE CONTROL FOOTREST



8039401
PROFESSIONAL SERIES
IN-LINE DOCUMENT HOLDER



*Loran Marketing Group, May 2015.

Contact your Fellowes® representative for more information.

Fellowes

WORK BETTER™

**DID YOU
KNOW?**

Almost 4 out of 10 people experience pain in their wrists, hands &/ or arms while working at their desks*

SOLUTION:

Wrist supports help to align your wrists and redistribute pressure points to help relieve pain and prevent potential injury.



Follow the 4 Well-being Zones to Remove Risk from Your Workspace.

ZONE 2

WRIST PRESSURE



9180701

GLIDING PALM SUPPORT
WITH MICROBAN®
PROTECTION



9252002

MOUSE PAD/WRIST
SUPPORT WITH MICROBAN®
PROTECTION



99252102

KEYBOARD PALM
SUPPORT WITH MICROBAN®
PROTECTION



*Loran Marketing Group, May 2015.

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Fellowes

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**DID YOU
KNOW?**

Almost 7 out of 10 people experience neck pain, eye strain, & / or headaches while working at their desks*

SOLUTION:

Keyboard managers position your keyboard and mouse lower and closer to your body, allowing you to adopt and maintain a neutral working posture. Monitor and laptop supports position your monitor or laptop at a comfortable viewing angle, while Document Holders place your documents in a more ergonomically correct viewing position.



Follow the 4 Well-being Zones to Remove Risk from Your Workspace.

ZONE 3 NECK, SHOULDER & EYE STRAIN



8036101
PROFESSIONAL SERIES
EXECUTIVE KEYBOARD TRAY



8042501
PLATINUM SERIES
DUAL MONITOR ARM



8038101
DESIGNER SUITES MONITOR
RISER



*Loran Marketing Group, May 2015.

Contact your Fellowes® representative for more information.

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DID YOU
KNOW?

Sitting for prolonged periods of time is harmful to your health. Some negative effects include increased risk of heart attack and strokes, which link to high blood pressure and elevated cholesterol.

SOLUTION:

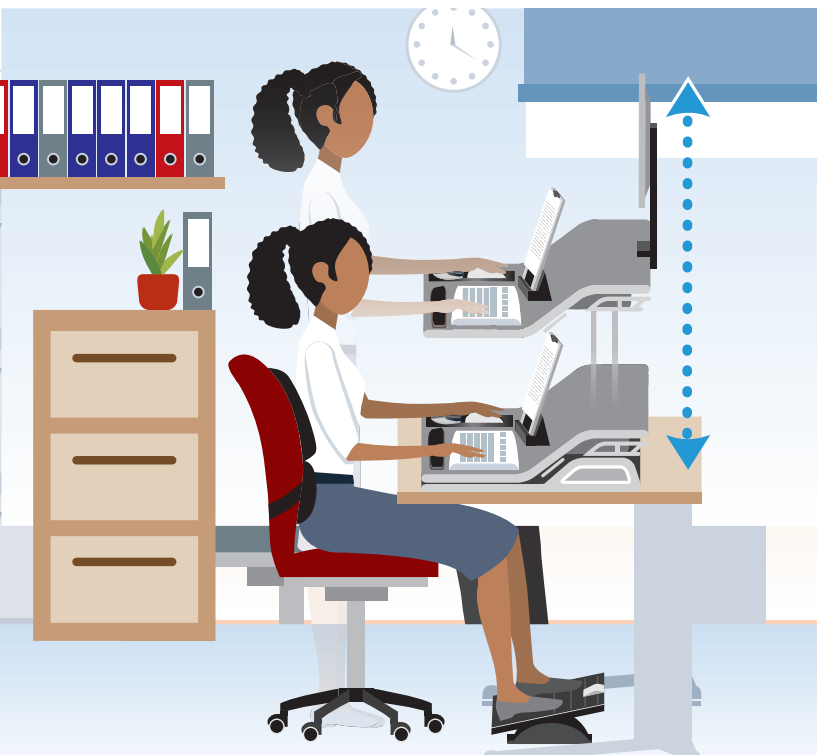
Alternate between sitting and standing to actively reduce the health risks of sedentary working such as heart disease, obesity, cancer and diabetes.



Follow the 4 Well-being Zones to Remove Risk from Your Workspace.

ZONE 4

STOP STAGNATION



0009901
LOTUS™ SIT STAND
WORKSTATION



0009801
EXTEND™ SIT STAND FEATURING
HUMANSIZE® TECHNOLOGY



8042901
LOTUS™
DUAL MONITOR ARM KIT





WORK BETTER™

DID YOU KNOW?

8 out of 10 people suffer from pain linked to the way they work at their desks*.

SOLUTION:

Follow the 4 well-being zones to remove risk from your workplace.



ZONE 1 - BACK TENSION

Back and foot supports can help reduce discomfort and promote neutral posture.



ZONE 3 - NECK, SHOULDER & EYE STRAIN

Keyboard managers, monitor/laptop supports, and document holders place your keyboard, mouse, screen and documents in the optimal viewing position for neutral posture.



ZONE 2 - WRIST PRESSURE

Wrist Supports help to align your wrists and redistribute pressure points to help relieve pain and prevent potential injury.



ZONE 4 - STOP STAGNATION

Alternate between sitting and standing to actively reduce the health risks of sedentary working.



*Loran Marketing Group, May 2015.

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